

Pre-approved CPD programmes (Category I)
(updated as at 24 December 2025)

Date	CPD Main Category	CPD Code	Title of CPD Programme	Programme Organiser / Certificate Issuer	Core (C) / Non-Core (NC)	*CPD Points
Physiotherapy-related Programmes Organised by Reputable Local or International Medical Organisers or by the HKSAR Government						
Annually	I	PRE0001	World Physiotherapy Conference	World Physiotherapy	C	1 day : 5 2 days : 10 3 days or more : 15
23-28 September, 2024	I	PRE0002	IPNFA Congress	International PNF Association	C	5
Annually	I	PRE0004	Rehabilitation Symposium	The Hong Kong College of Orthopaedic Surgeons	C	1 day : 5 2 days : 8
Annually	I	PRE0005	Regional Osteoporosis Conference	The Osteoporosis Society of Hong Kong	C	5
Annually	I	PRE0006	HKOA Annual Congress	The Hong Kong Orthopaedic Association	C	1 day : 5 2 days : 10
Annually	I	PRE0007	Brain Conference	CUHK	C	1 day : 5 2 days : 10
Annually	I	PRE0008	Annual Congress of Hong Kong Association of Gerontology	Hong Kong Association of Gerontology	C	1 day : 5
Annually	I	PRE0009	FMSHK Annual Scientific Meeting	The Federation of Medical Societies of Hong Kong	C	1 day : 5
Annually	I	PRE0010	Hong Kong Neurological Society Annual Scientific Meeting	Hong Kong Neurological Society	C	1 day : 5 2 days : 10
Annually	I	PRE0011	Annual Scientific Meeting of Hong Kong Association of Rehabilitation Medicine	Hong Kong Association of Rehabilitation Medicine	C	1 day : 5 2 days : 10
Annually	I	PRE0012	Annual Scientific Meeting of Hong Kong Thoracic Society	Hong Kong Thoracic Society	C	1 day : 5 2 days : 10
Annually	I	PRE0013	Annual Scientific Meeting of Hong Kong Stroke Society	Hong Kong Stroke Society	C	1 day : 5 2 days : 10
Annually	I	PRE0014	Annual Conference of Hong Kong Physiotherapy Association	Hong Kong Physiotherapy Association	C	1 day : 5 2 days : 10
Annually	I	PRE0015	The Hong Kong Society of Sleep Medicine Annual Scientific Meeting	The Hong Kong Society of Sleep Medicine	C	1 day : 5 2 days : 10
Annually	I	PRE0017	ISSLS Annual Meeting	International Society for the Study of the Lumbar Spine	C	1 day : 5 2 days : 10 3 days or more : 15
Annually	I	PRE0018	IASP World Congress on Pain	International Association for the Study of the Pain	C	1 day : 5 2 days : 10 3 days or more : 15
Annually	I	PRE0019	Annual SOSORT Meeting	International Society on Scoliosis Orthopaedic and Rehabilitation Treatment	C	1 day : 5 2 days : 10 3 days or more : 15
Annually	I	PRE0020	International Forum for Back and Neck Pain Forum in Primary Care Research	International Forum for Back and Neck Pain Forum in Primary Care Research Organizing Committee	C	1 day : 5 2 days : 10 3 days or more : 15
Annually	I	PRE0022	Hong Kong International Orthopaedic Forum	The University of Hong Kong	C	5
Annually	I	PRE0023	Rehabilitation Symposium	Hong Kong College of Orthopaedic Surgeons	C	5
Annually	I	PRE0024	Interdisciplinary World Congress on Low Back & Pelvic Girdle Pain	World Congress LBPGP Organizing Committee	C	1 day : 5 2 days : 10 3 days or more : 15
Annually	I	PRE0025	SpineWeek	SpineWeek Committee	C	1 day : 5 2 days : 10 3 days or more : 15
Annually	I	PRE0026	OARSI World Congress on Osteoarthritis	Osteoarthritis Research Society International	C	1 day : 5 2 days : 10 3 days or more : 15
Annually	I	PRE0027	Healthy Ageing Conference	WHO Collaborating Centre for Community Health Services, School of	C	5
Annually	I	PRE0028	Pan-Pacific Conference on Rehabilitation	Dept of Rehabilitation Sciences, PolyU	C	5
Annually	I	PRE0029	World Congress of the International Society of Physical and Rehabilitation Medicine (ISPRM)	International Society of Physical and Rehabilitation Medicine	C	1 day : 5 2 days : 10 3 days or more : 15
Annually	I	PRE0030	Annual Scientific Congress of the Hong Kong College of cardiology	Hong Kong College of cardiology	C	1 day : 5 2 days : 10 3 days or more : 15
Annually	I	PRE0031	Asian Preventive Cardiology and Cardiac Rehabilitation Conference	Hong Kong College of cardiology	C	1 day : 5 2 days : 10
Annually	I	PRE0033	Hong Kong International Wrist Arthroscopy Workshop and Seminar	Department of Orthopaedics & Traumatology, The Chinese University of Hong Kong	C	5

*This is for reference only. The final CPD points will be determined based on actual attendance of the individual participant. 1 CPD point per 1 contact hour of audience or online participation. Fraction of the hour will be rounded off to the nearest whole number of contact hours. Point allocation for 1 whole day of audience or online participation will be capped at a maximum of 5 CPD points. Point allocation for a single program lasting over several days will be capped at a maximum of 15 CPD points. For details, please refer to the "CPD Manual for Registered Physiotherapists".